

S-Adenosylmethionine and protein methylation

Review Article

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Summary. The enzymes responsible for protein methylation by S-adenosylmethionine, both at the carboxyl groups and at the nitrogen groups, are reviewed. The possibility that the reactions involved may be reversible is also considered.

Keywords: Protein methyltransferases – Isoaspartyl residues – Protein phosphatase 2A – Histones – Isoprenylcysteine

Introduction

S-adenosylmethionine (SAM) is one of the most commonly used and very versatile enzyme substrates. Its sulfonium group enables it to be employed as both a methyl donor (and it is recognized as the major methyl donor in all living organisms) and a monoalkyl donor in the synthesis of polyamines, and in the synthesis of ethylene in plants. It is also involved in the formation of 5'-deoxyadenosyl radicals, these being part of a family of iron-sulfur enzymes that utilize SAM to initiate the radical catalysis involved, for example, in the synthesis of lipoate and biotin.

As a methyl donor, SAM is used in many reactions to transfer the methyl group to the nitrogen or the oxygen of many different compounds. When proteins are methylated, too, methyltransferases transfer the methyl group to basic or acid amino acids, in this case forming an ester group. In either case, the function of the protein may be changed and the process is implicated, for instance, in signal transduction (Stock et al., 1992), regulation of transcription (Chen et al., 1999), heterogeneous nuclear ribonucleoprotein export (Shen et al., 1998) and possibly splicing (Friesen et al., 2001).

The protein methyltransferases currently known will now be described. Consideration will be mainly to those of animal origin.

Protein nitrogen groups methylation

Protein arginine methylation

Methylation of protein arginine has attracted particular attention because methylarginines are inhibitors of nitric oxide synthase (NOS), and therefore thought to participate in the regulation of the NO's many effects. Moreover, arginine methylation promotes specific protein–protein interactions (Friesen et al., 2001). In some cases, involvement in such interactions is due to inhibition of the binding of proline-rich ligands (Bedford et al., 2000). It has also been shown that DAL-1/4.1B, a tumor suppressor differentially expressed in adenocarcinoma of the lung, interacts with one of the arginine methyltransferases and inhibits its activity both *in vitro* and *in vivo* (Singh et al., 2004).

Distinct Protein Arginine (R) Methyl Transferases (PRMT) activities have been found in mammalian cells and divided into four types: type I activity gives rise to monomethylarginine (NMA) and asymmetric dimethylarginine (ADMA); type II to NMA and symmetric dimethylarginine; type III enzymes catalyze only the formation of NMA; type IV enzymes form δ -N⁸-monomethylarginine. PRMT 1, 3 and 4 are responsible for type I methylation, while PRMT5 catalyzes type II methylation.

A novel gene coding for a sixth human PRMT enzyme has been identified and called PRMT 6. It resides in the nucleus, whereas PRMT3 and 5 are located in the cytoplasm. It has a type I activity, can methylate itself and has different substrate specificity (Frankel et al., 2002). A PRMT 7 has also been described very recently. This, according to Miranda et al. (2004), is a type III enzyme, whereas according to Lee et al. (2005b) it synthesizes symmetric dimethylarginine and is thus of type II. These workers suggest that differences in the conditions of the assay are responsible for these results.

PRMT 5 seems to have a role in cell cycle regulation.

Arginines which can be methylated have been shown in histones. Histone H3, for example, is methylated *in vitro* at Arg 2, 17 and 26 (Schurter et al., 2001) by PRMT4, now also called coactivator-associated arginine methyltransferase (CARM1), though it is not known which residues are methylated *in vivo*. PRMT4 is widely expressed in adult mouse tissues, whereas PRMT1 preferentially methylates histone H4 and thus facilitates its subsequent acetylation (Wang et al., 2001).

Methylarginines cannot be retransformed to arginine. However, protein-arginine-iminohydrolase (PAD), a Ca^{++} dependent enzyme that catalyzes the conversion of protein arginine residues to citrulline residues in a post-translational modification (called citrullination), has been detected in several tissues. One form of this enzyme (PAD2) is widely distributed and particularly abundant in the muscles and brain (Moscarello et al., 2002). PAD4 is abundant in granulocytes (Arita et al., 2004; Hagiwara et al., 2002). It also converts histone methylarginine to histone citrulline and releases methylamine (Wang et al., 2004). It is thought that this reaction participates in gene expression.

When methylated proteins are degraded by proteases, methylarginines are formed. ADMA and NMA are potent endogenous inhibitors of NOS. Free methyl arginines are found in differing concentrations in the cell cytosol, plasma and tissues. Both ADMA and the symmetric isomer are eliminated by renal excretion, whereas ADMA alone is degraded to citrulline and methylamines by dimethylarginine dimethylaminohydrolase (DDAH), a zinc containing protein (Bogumil et al., 1998). Two DDAH isoforms with distinct tissue distribution and some relationship to NOS isoforms have been identified: DDAH I is found in tissues that express nNOS, whereas high levels of DDAH II are found in tissues with eNOS (Leiper et al., 1999). These results support the view that methyl arginine concentration is actively regulated. According to Tsikas et al. (2000) NOS inhibition by endogenous methylarginines, with ADMA as the most potent, is re-

sponsible for the so-called arginine paradox, i.e. the observation that excess arginine has no effect on NOS *in vitro*, but enhances its activity *in vivo* by competition with the inhibitor. Plasma ADMA levels are high in many disorders characterized by endothelial dysfunction (McCarty, 2004). According to Böger (2004), ADMA is a cardiovascular risk factor.

Protein lysine methylation

Lysine methylation mainly occurs on histone H3 and H4 and to a lesser extent on histone H1. Six lysines within histone H3 (4, 9, 14, 27, 36, 79) and two within histone H4 (20 and 59) are methylated by a specific histone methyltransferase (Lee et al., 2005a). Each residue can accept up to three methyl groups, resulting in mono-, di-, and trimethylated Lys. Moreover, Lys 9 in H3 can be both acetylated or methylated.

Initially only CARM1 appeared to display a stringent specificity for histone (Chen et al., 1999). Another enzyme has since been identified (Rea et al., 2000) as the mammalian homolog of a gene product encoded by the suppressor gene *Su(var)3-9* of *Drosophila* and hence called SUV39H1. The SUV39HMTases are characterized by the presence of one invariant protein motif, namely the SET domain. The approximately 130-residue SET module is generally flanked by distinct pre-SET and post-SET domains at its N and C termini. The C-flanking domain is needed to generate the access channel that connects the cofactor-binding site on one surface of the domain with the substrate-binding site on the opposite surface. This access channel regulates whether the enzyme produces mono-, di- or tri-methylated lysine (Xiao et al., 2003). Dimethylated and trimethylated lysines on Lys9 or Lys4 of histone H3 have distinct roles (Tamaru et al., 2003; Santos-Rosa et al., 2002; Lee et al., 2005a).

Other enzymes, including G9a (Tachibana et al., 2002) and Set9 (Nishioka et al., 2002) have been shown later to methylate lysine in histones. Set9 contains a SET domain, but lacks the pre- and post-SET domains. Chuikov et al. (2004) have demonstrated that Set9 can methylate the tumor suppressor p53 *in vivo*, a process that seems necessary for its stabilization. The authors suggest that Set9 may also regulate the function of other factors. Another enzyme, SMYD3, has been postulated as a key factor in human carcinogenesis (Hamamoto et al., 2004).

We know now that lysine methylation regulates specific gene expression and organization of the chromosomal regions. However, the position of the methylated lysine within H3 and H4 marks a gene to be activated or repressed.

Methylation of histone, once regarded as irreversible, is now seen as less permanent, though proteins responsible for its demethylation have not been identified.

The function of lysine methylation in histones has been examined in recent reviews (Sims et al., 2003; Lachner et al., 2002; Lee et al., 2004).

Protein carboxyl methylation

In bacteria, methylation and demethylation of protein glutamate regulate the output of certain chemoreceptors (Stock et al., 1992). Methylation of a C-terminal leucine, isoprenylated C-terminal cysteine residues and abnormal aspartyl residues on age-damaged proteins have been demonstrated in eukaryotic cells.

Leucine carboxyl methylation

A specific methyltransferase has been shown to methylate the mammalian protein phosphatase 2A (PP2A) at the C-terminal carboxyl group, i.e. at leucine, this being the C-terminus of the 36 kD cytosolic polypeptide Thr³⁰⁴-Pro-Asp-Tyr-Phe-Leu³⁰⁹ (Lee et al., 1993). Since PP2A is involved in both carbohydrate, amino acid and lipid metabolism and cell cycle control, its methylation has attracted attention as a possible regulator of metabolism (Xie et al., 1994). PP2A is a heterodimeric or heterotrimeric assembly containing A, B, or C subunits. Methylation occurs on the catalytic C subunit. The A subunit binds the C subunit to form the dimer AC; one isoform of the regulatory B subunit binds the AC dimer and modulates substrate specificity, enzyme activity and/or cellular localization. Methylation of PP2A, influences the affinity of the AC dimer for the different B subunits (Tolstykh et al., 2000), some of which appear to bind more efficiently to an AC dimer when the catalytic C subunit has been methylated, whereas others are not influenced by methylation (Yu et al., 2001).

However, while it is known that phosphorylation of Tyrosine²⁰⁴ promotes inactivation of the enzyme, conflicting data exist on the effect of methylation of Leucine³⁰⁹ on the catalytic activity. It has thus been suggested that methylation of PP2A mainly affects other characteristics of the enzyme.

Studies on the structure of the corresponding yeast enzyme enabled Leulliot et al. (2004) to propose a catalytic mechanism for this methylation, in which an arginine stabilizes the conformation of SAM and helps to orient the incoming carboxylate of the peptide substrate for nucleophilic attack on the sulphur atom.

The methyl group is removed by a specific PP2A-methylesterase. The enzyme purified from bovine brain is a 46 kD monomer (Lee et al., 1996).

PP2A expression decreases with age in the mouse brain (Jiang et al., 2001) and significantly in hippocampus of Alzheimer patients (Vogelsberg-Ragaglia et al., 2001). This is thought to lead to hyperphosphorylation of tau protein. As PP2A heterotrimer formation is necessary for efficient dephosphorylation of this protein, Vafai et al. (2002) suggested that inhibition of methylation by homocysteine participates in the decrease in PP2A activity, since homocysteine is increased in the plasma of Alzheimer patients.

Isoprenylated C-terminal carboxyl methylation

Another carboxyl methyltransferase acts on proteins formed by their precursors synthesized with a C-terminal CAAX tetrapeptide motif (C, cysteine, A generally an aliphatic residue, X a variable residue) after receiving a 15-carbon farnesyl or a 20-carbon geranylgeranyl group on the sulfur atom of cysteine and removing the three AAX amino acids. When the X is Ser, Met, Cys, Ala, or Gln, the CAAX box is modified by a farnesyl isoprenoid, or by a geranylgeranyl group when X is leucine. The C-terminal isoprenylcysteine residue is esterified with SAM by a membrane-bound enzyme of the endoplasmic reticulum (Dai et al., 1998). It appears that prenylation is important for attachment of proteins to membranes, while methylation of the carboxyl terminal of the prenylated cysteine enhances lipid bilayer association of farnesylated peptides.

Several proteins are modified in this way, such as cGMP phosphodiesterase and several small G-proteins involved in cell signaling, such as the Ras and the Rho proteins (Bergo et al., 2004). Processing of these CAAX proteins has attracted interest due to the role of activated Ras proteins in the development of cancer. The enzymes responsible for the posttranslational modifications of CAAX proteins have therefore been considered as potential targets in blocking the growth of Ras-induced malignancies. Ras methylation is decreased by antifolate methotrexate and its signaling functions are impaired (Winter-Vann et al., 2003). Methotrexate may thus additionally decrease methyltransferase activity. Other recent results by Bergo et al. (2004) also support the suggestion that this methyltransferase could be a therapeutic target for treating cancer.

Other proteins involved are some nuclear lamins. In the case of prelamin A, a farnesylated nuclear lamin A precursor, there is an additional upstream proteolysis after

the CAAX box modification (Beck et al., 1990). This modification removes 18 amino acid residues at C terminal and is required for lamin A assembly in the nuclear lamina (Lutz et al., 1992). A genetic disease is known with deletion of this protease target, resulting in an aberrant lamin A molecule (Eriksson et al., 2003). According to Corrigan et al. (2004), the two proteolytic cleavages are effected by the same enzyme, namely Zmpste24.

Isoaspartylmethylation

Another carboxymethyltransferase is involved in the repair of age-damaged proteins. Spontaneous alterations of proteins occur mainly at their asparagine and aspartyl residues. Nucleophilic attack of the peptide-bond nitrogen atom of the following residue results in the formation of a succinimide ring, an unstable five-member ring. This reaction is the rate-limiting step in the transformation of these residues. Aspartyl or isoaspartyl residues are formed by spontaneous hydrolysis (Fig. 1) and D-succinimidyl, D-aspartyl- and D-isoaspartyl-forms by

racemization of succinimide. The L-isoaspartyl-form is generally predominant (Clarke, 2003).

These new amino acids are recognized by a specific enzyme, L-isoaspartyl methyltransferase, which initiates their conversion to the normal aspartyl form by methylation with SAM, followed by spontaneous demethylation. Succinimide is re-formed and this is followed, at least in part, by hydrolysis to form L-aspartate. Moreover, methylation sometimes results in partial recovery of protein function, though the efficacy of its repairs differs from one protein to another and depends on its structure (Athmer et al., 2002) or other factors: for instance, the enzyme is particularly sensitive to inhibition by S-adenosylhomocysteine. Therefore all the conditions which give rise to an increase of this compound, such as homocystinuria, may be accompanied by dysfunction of the repair system.

Other carboxymethyltransferases

Carboxyl methylation of the β -subunit of the epithelial Na^+ channels has also been claimed to regulate Na^+

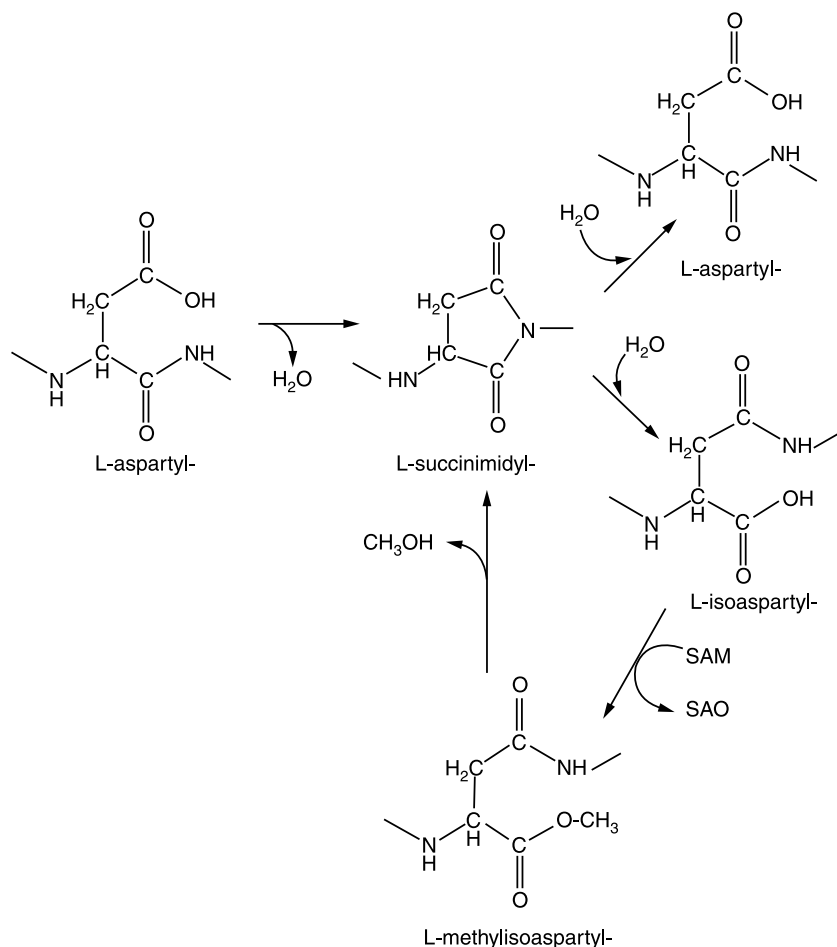


Fig. 1. Spontaneous degradation of aspartyl residues in proteins and methyltransferase mediated repair

channel activity in A6 cells, though the carboxyl involved is not known (Rokaw et al., 1998).

Structure of the methyltransferases

Enzymes which use SAM as methyl donor are one of the large structural families. During evolution, they have been shaped into distinct structures with a common catalytic role. The study of such structures has led to the demonstration of the existence of five classes: in Class I there are many enzymes with similar structure, comprising a seven-stranded beta sheet, flanked by helices. This Class comprises protein arginine methyltransferase, though here strands 6 and 7 are absent, and isoaspartylmethyltransferase, where these two strands are reversed (Schubert et al., 2003). Other methyltransferases have different structures (Type II, III, IV). Now another type has been shown, Class V. This is observed in the histone-lysine methyltransferase containing the SET domain. Here there are three small β -sheets.

Conclusions

Methylation would seem to have a role in protein function regulation along with phosphorylation, acetylation and ubiquitination. This is demonstrated for methylation of the carboxyl groups, as this reaction can be easily reversed by a methylesterase. For the amino group, it is less so, as the reaction is not easily reversible. However, in some cases the amino acid methylated is degraded and in other cases it has been suggested that the protein may be somehow recovered. More studies are needed to see whether this occurs, and how.

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